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Beauty Tip: Body Wraps

A body wrap is a relaxing, therapeutic treatment that detoxifies the body with all natural ingredients. Your skin is tightened and toned and the wrap stimulates the body to get rid of toxins, excess fat, and trapped lymph fluids. The body wrap experience not only detoxifies but has been known to improve the appearance of cellulite and, if done regularly, can contribute to inch loss.

Use body wraps with a weight loss program to experience enhanced results. Why? Because when you lose weight through dieting, your skin gets looser and in some cases loses some of its elasticity. This can create sagging and more pronounced cellulite. The skin tightening and toning effects of body wrapping can mitigate such problems.

Keep in mind...

- ✓ Body wraps are safe, relaxing, and health enhancing.
- ✓ Body wraps firm the skin and are a great companion to a weight reduction diet.
- ✓ Body wraps are not a dehydration process. Inches lost to your hips, legs, or waist will not return unless you gain weight.
- ✓ Body wraps are most effective if you do them at least three to four times per year.